



Supporting Young Carers with Additional Needs

At Edinburgh Young Carers, we support children, young people and young adults who may have challenging home environments and their own varying support needs – as a result of their caring role or other reasons. Much of our support provision is around social interactions, having a break from caring roles and promoting positive wellbeing within a safe and relaxed environment, either at group activities, day trips or overnight retreats.

We recognise that behaviours displayed, especially challenging or negative behaviours, are often a form of communication by young people, and a result of what they are feeling, thinking and experiencing. All staff and volunteers at EYC will strive to understand these behaviours and many times, by receiving support in their caring role, “challenging behaviours” may be reduced.

Regrettably, however, our support services will not be appropriate for children and young people whose support needs or behaviours require regular and consistent 1-1 supervision in group settings, or who may regularly disrupt (e.g. by physical or verbal aggression, absconding) the safe and relaxed environment that we strive to maintain to ensure positive outcomes for the other young people we support.

Please consider the support needs of the young person when considering a referral to EYC, and if in doubt, please don't hesitate to contact us and discuss further.