

Young carers and young adult carers were asked to complete a survey to tell us what they thought of the support they receive from Edinburgh Young Carers. Here's what they told us...



97% told us EYC had helped them make new friends



100% told us EYC had helped them become more confident



91% told us EYC helped them cope better with their caring role

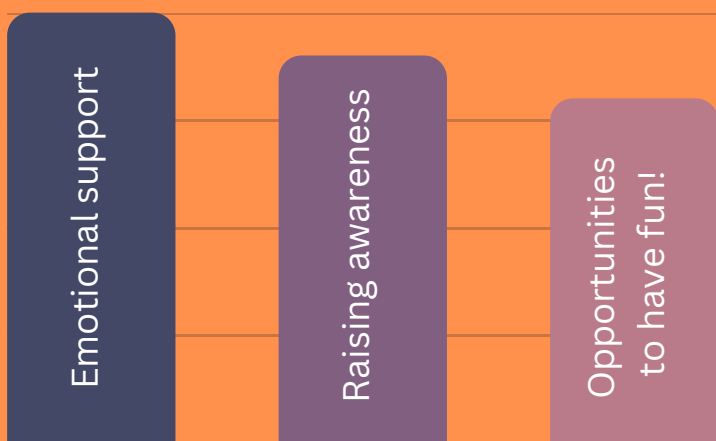


96% told us EYC helped them feel better at school/college/work

Over **70%** of young carers and young adult carers (where relevant) told us that EYC had helped them achieve a positive destination after school, and over **70%** said EYC had supported their transition into adulthood.



What did young carers and young adult carers think were the most important aspects of our work?



- Group Activities
- One-to-One Support
- First Meeting with a Worker
- Holiday Programmes
- Communication

... were all given the *highest ranking!*

Because of Edinburgh Young Carers....



94% of young carers and young adult carers had opportunities to have fun



82% of young carers and young adult carers felt listened to and heard



88% of young carers and young adult carers felt well supported

amazing *respectful*
brilliant *cool* *exciting*

Describe Edinburgh Young Carers in your own words?

welcoming *enjoyable*
fun *relaxing* *magical*

To find out more about Edinburgh Young Carers, visit our website, drop us a line or check out our socials.

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