



EDINBURGH
YOUNG CARERS

Impact Report

2022 - 2023

EDINBURGH
YOUNG
CARERS

Welcome to our Impact Report 2022–2023

Our vision at Edinburgh Young Carers (EYC) is to make a positive difference in the lives and futures of Young Carers and Young Adult Carers, and their families, across the City of Edinburgh.

Throughout 2022-2023, we have continued to provide emotional and practical support to each young person in our service, providing them with a break from their caring role in a friendly, supportive and fun environment where they can be themselves and leave worries behind.

We hope you enjoy reading about our highlights!

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More support For more Young Carers...

I am delighted to present **Edinburgh Young Carers' Impact Report** which will highlight some of the fantastic work carried out during **2022–2023**.

As always, I would like to thank our amazing staff team, sessional staff, volunteers and Trustees who have worked together to deliver a high standard of support to young carers and young adult carers across Edinburgh.

This year has seen our team grow again with two new posts: a Group Development Worker (GDW) and Information and Advice Officer (IAO). The GDW will support respite delivery and allow us to meet the increased demand for our services. Over the last two years, we have seen a significant increase in referrals to our service and had to implement a waiting list. To manage this, we are piloting a new Information and Advice service for young carers who need less intensive support (**EYC Membership**). Our IAO will provide support to an additional 50 young carers during 2023–2024.

In collaboration with our partners at SPACE at Broomhouse Hub and Capital Carers, we held our first **Young Carer in Education (YCIE) Conference**. The conference brought together Young Carer Coordinators with other professionals, experts, and young people to share best practice, network, and discover new ideas for supporting young carers in school. You can find out more in this report.

This year we supported **408 young and young adult carers**. We delivered 450 group activities and 957 1:1's with our young carers and young adult carers. These numbers continue to reflect the importance of specialist provision for young and young adult carer support.

During the pandemic we were limited in being able to run our residential programme. This year, we've made up for this; running 10 residential ranging from 2–5 days and in a variety of locations such as Mussleburgh Lagoons, Bonaly Scout camp and Hopscotch in Ardvullin, Scottish Highlands. You will read more about our residential programme later in this report.

Over the year we have continued our commitment to increase the awareness of young and young adult carers issues through our awareness raising programme to schools, further and higher education, and third sector colleagues. This work supports and encourages identification of their needs, and supports the development of resources to meet those needs.

Thank you again to everyone who has made this year so successful and enabled us to continue to grow and serve our community of young and young adult carers. We look forward to continuing our work in 2023–24.

Margaret Murphy,
Chief Executive
Edinburgh Young Carers



Chair of the Board's Reflections

Hello, and a very warm welcome on behalf of our Board of Trustees. I would like to take this opportunity to introduce myself as Chair of Edinburgh Young Carers, a role I took on in October 2022. I hope you find this report informative and enjoyable to read, as we cover the highlights of our work over the last year.

This year has been one of change for the organisation as we move away from the virus and into new ways of delivering services and support. Driving this is our determination to continue to be as impactful as possible against the backdrop of increasing need. As a response, we have developed our new EYC Membership offer, which will allow us to reach an extra 50 Young Carers per year. We have also brought in additional support for our wonderful staff team, through the introduction of the Benenden Health programme, at a time when supporting staff has never been more vital. We have continued to build and develop excellent partnerships across the sector and I would like to thank all our local partners, including Green Team, Drum Riding School, Edinburgh Leisure and Dynamic Earth. Finally, in another first, I was delighted to attend our Young Carers in Education conference, run in collaboration with SPACE and Capital Carers, which was an incredibly informative, engaging and useful event. I learnt a huge amount from all the professionals presenting and attending and found the input from Young Carers particularly valuable.

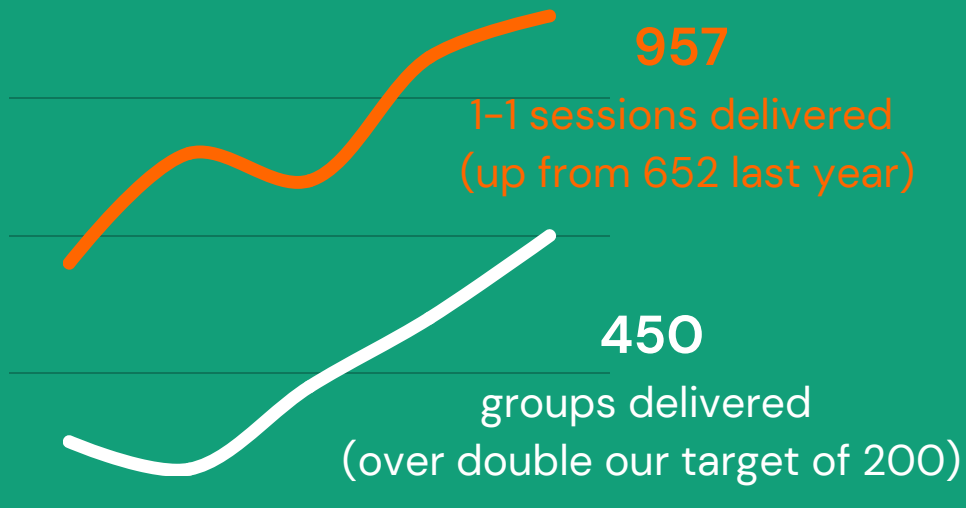
This report is all about impact and as a Board, one of our top priorities is to consider the questions: 'What difference are we making for Young Carers?' and 'How will we know?'. It is wonderful to see that 100% of Young Carers and Young Adult Carers told us that we have helped them to become more confident, with 96% saying we helped them feel better at school/college/work and 91% saying we helped them cope better with their caring role. These are fantastic results, sitting at the heart of what our organisation is all about, and they are a testament to the hard work our staff and volunteers give all year round, for which I would like to offer my sincere thanks, on behalf of the Board.

Jess Wade
Chair of the Board of Trustees
Edinburgh Young Carers

a year of support in EDINBURGH YOUNG CARERS

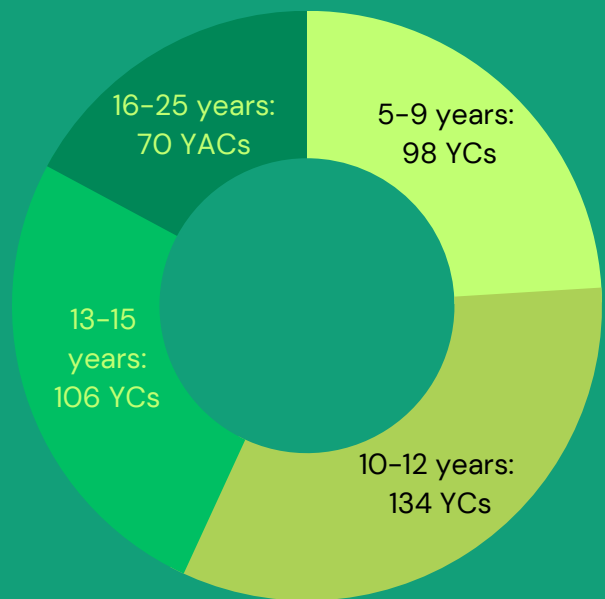


we supported
408
young and young
adult carers, an
increase on our
target of 350



148
new referrals for
support were
received

10
overnight
residential were
delivered
(target of 10)



we provided
58 young carers
with Young Carer Grant Funds to pay for **football boots, gym memberships, Lego** and more...

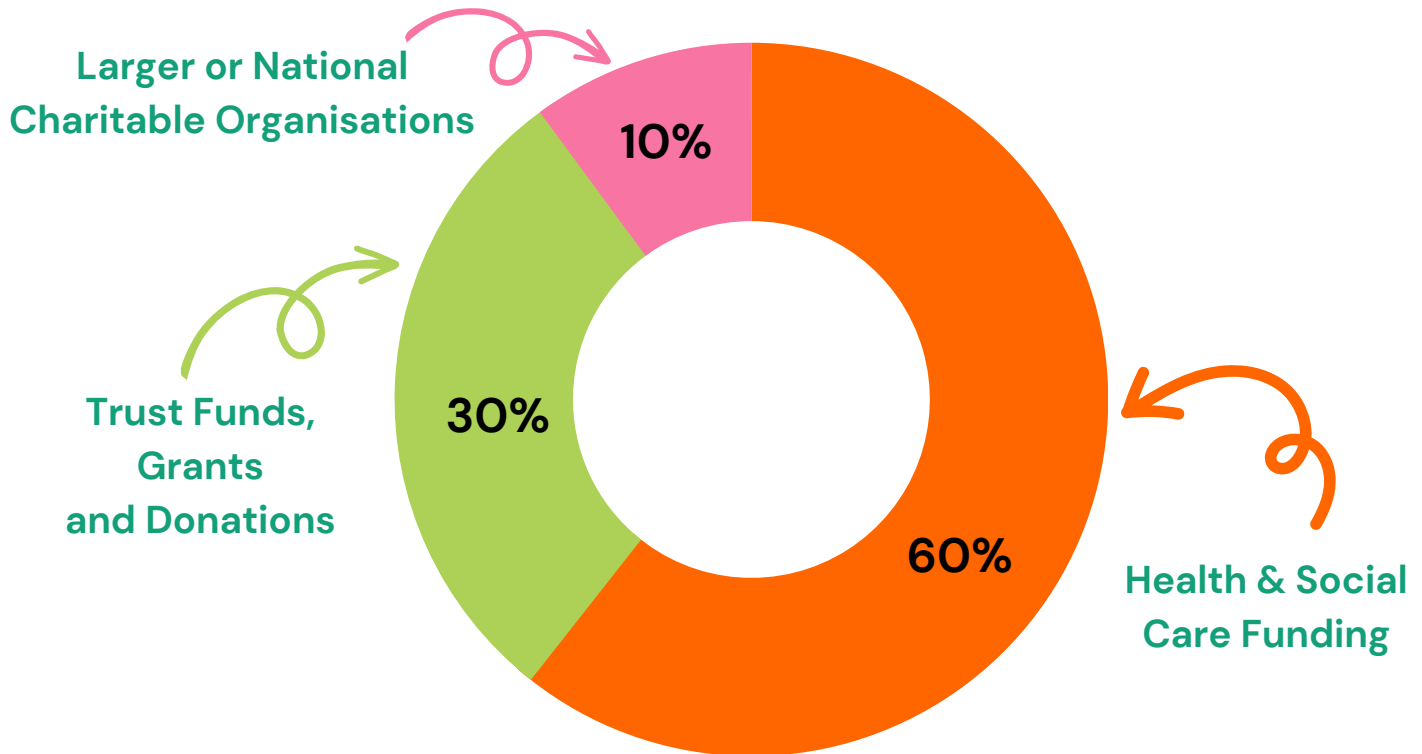


339
education staff attended training delivered by EYC to build skills in identifying and supporting young carers in their schools

95
workshops were delivered in schools across Edinburgh to raise awareness of young carers and their rights

Financial Summary

How we raised our money...



The largest portion of our income is currently funded by the City of Edinburgh Council through their Health & Social Care programmes. It includes the Carers Act funding which EYC successfully tendered for in collaboration with SPACE at the Broomhouse Hub and Capital Carers. This funding pays for some of our staff and operating costs, as well as core activities.

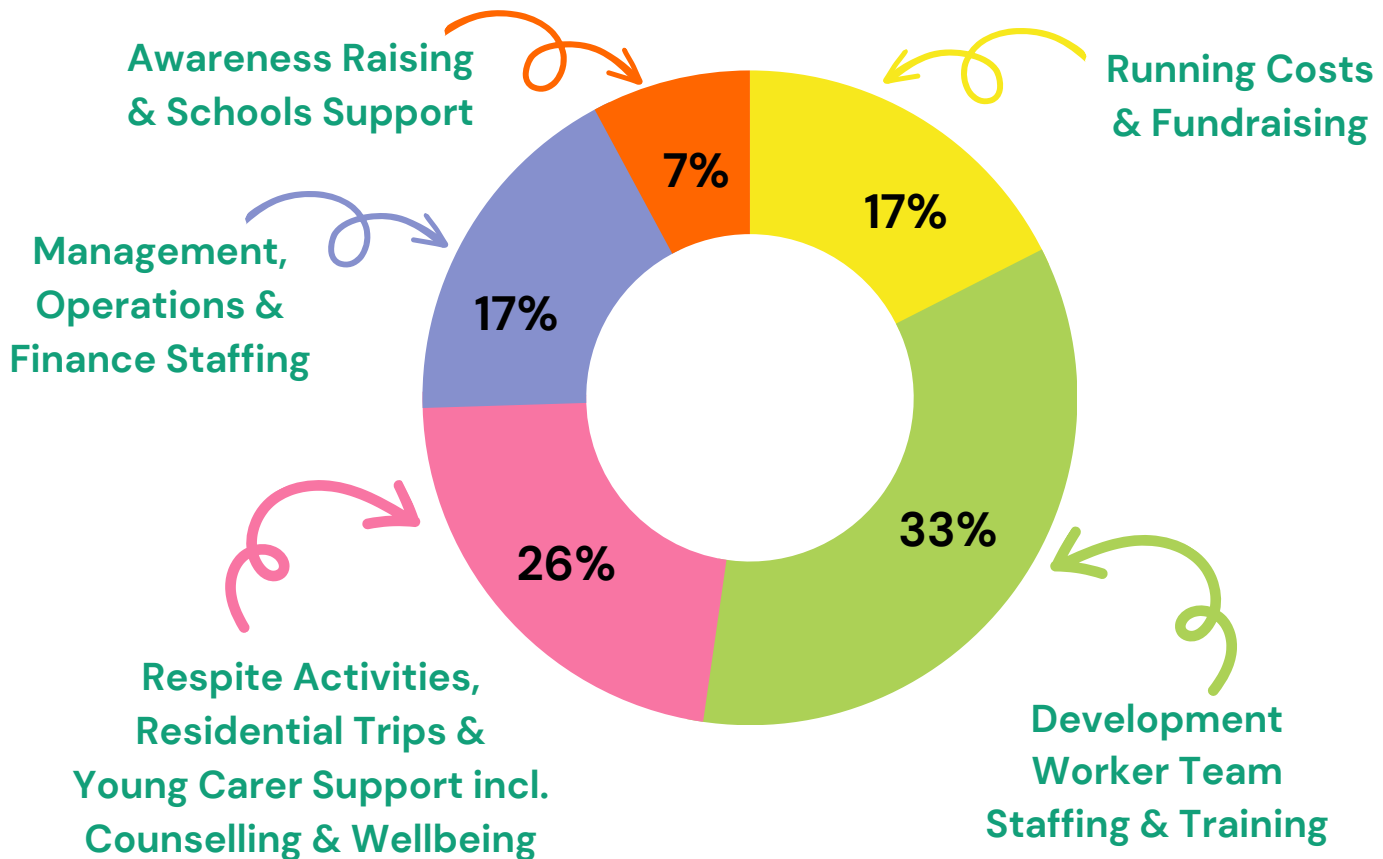
Year upon year, it is the generosity of the smaller Trusts, Legacy Foundations and individual donors that allows us to continue delivering our service to Young Carers and Young Adult Carers. We are continually grateful for their support.

Larger organisations such as BBC Children in Need, Big Lottery, Shared Care Scotland, SCVO and Bauer Radio's Cash for Kids provided funding for specific elements of our service, such as Residential breaks, Mental Health and Wellbeing projects, Development Worker salary and Cost of Living vouchers for Young Carers and their families.

"You all do a fabulous job and I am eternally grateful for what EYC does for my little one."

Financial Summary

How we spent our money...



As the number of young people accessing our service continues to rise, as does our need for a skilled and plentiful workforce, so this year saw a number of new staff join our team. EYC are proud to offer competitive salaries and benefits to our staff to ensure we have committed, well-supported people providing a first-rate service to our Young Carers and Young Adult Carers.

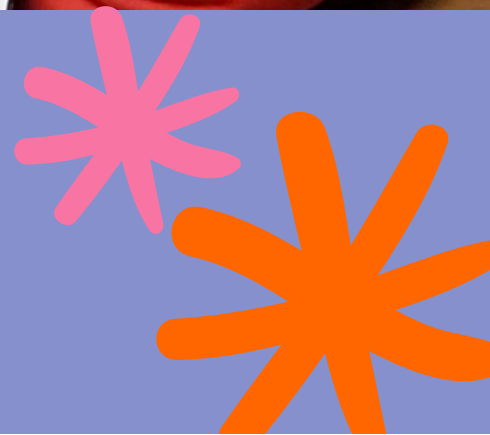
The inflated Cost of Living has impacted us all and this has been a key factor in managing our budgets. In spite of this, with the support of our funders we were able to offer both young people and their families, and our staff, assistance to help through the worst of it.

We were delighted to be able to offer many more respite activities and residential trips than the past couple years of COVID restrictions. We expect next year to see a larger portion of our budget going towards respite activities and fun trips away.

"EYC has given me opportunities I would never have been able to experience otherwise: breaks and time away from being all worried at home, to give me time for me."



OUR HIGHLIGHTS OF 2022-2023



Drug and Alcohol Service

1-1 Support

The Drug and Alcohol Team provided 322 1-1 sessions for a total of 60 young carers this past year. For young carers impacted by parental or other familial substance use, the opportunity for this support provides a safe space to talk and be heard.



35
swimming
groups with
Edinburgh
Leisure

Swimming Lessons

24 young carers accessed swimming lessons in partnership with Edinburgh Leisure. Our lessons provide the young people with a key skill, the opportunity to build confidence, relationships and personal development outside of education.

Horse Riding

Five horse riding sessions were provided with 20 young carers accessing each group. A connection to horses provided the young carers a chance to build their confidence, gain a sense of responsibility and self-discipline, respect and empathy as well as enhance communication and social skills.



322

1-1 sessions
delivered to YCs
and YACs

Cycling and Safety

16 young carers went on two 2-hour cycle rides around Edinburgh. Cycling lessons provided the young people with a key skill that they can use practically throughout their life. Our lessons focus on the development of fine motor skills and co-ordination, and to build confidence and safety awareness.

Literacy and Other Skills

Through all of our group and small activities we aim to focus on literacy development. In the past year we have combined literacy with cycling activities, holiday activities and scientific exploration at Dynamic Earth.

The D&A team ran three residentials with Dynamic Earth and the Green Team that focused on developing outdoor, problem solving and decision making skills.



Counselling Service: support for emotional and mental wellbeing

The Counselling Service at EYC entered into its fifth year in 2022, providing therapeutic support for young people aged from 9–25 years who are currently engaged with the EYC service and are recognised as needing additional clinical support with their emotional and mental wellbeing. Alongside talking therapy, YCs/YACs can explore their issues with sand-play, visual tools such as miniature chairs, mood/emotion/strength cards and art/painting as well as Cognitive Behavioural Therapy Influences (CBT).

Feedback forms consistently show positive high marks in all areas, with YCs expressing that they felt less anxious or worried, understood their problems and themselves better, and indicated they felt safe and listened to in the Counselling Room.

The operation of the service is continually being developed and updated to incorporate new ideas and positive changes to meet individual YCs' needs. An example being the recently developed specialised programme for working with young people with diagnosed (and undiagnosed) ADHD traits and who are struggling with managing school. It is an 8-week Therapeutic Programme, with a combination of Psychoeducation and learning relatable practical strategies and skills. Recognising what can help them to manage their symptoms can be very beneficial. Themes include focus, small steps, anger management skills, distractions, emotional and physical triggers. At the end of the programme the school is forwarded information about "what helps" the individual (with consent). This highlights strategies we have identified during the sessions that they can implement into the classroom. Information and tips for teachers on managing ADHD in the classroom is also included.

Kirsty Campbell, Reg MBACP
Counsellor/Psychotherapist, Edinburgh Young Carers

27

young and young adult carers accessed the counselling service

172

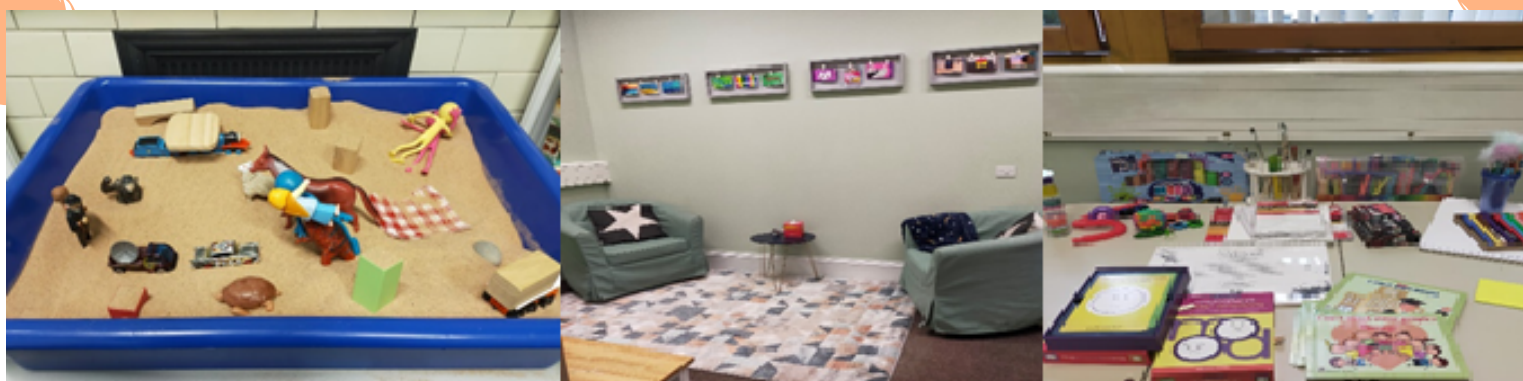
counselling sessions were delivered

5+

is how many sessions most young people access

95%

of young people experience positive change post-therapy



Residentials and Retreats

 *Dynamic Earth, Edinburgh*

 *Hopscotch, Fort William*

 *Stanemuir Scouts,
S. Lanarkshire*

 *Musselburgh Lagoons*

 *PGL, Dalguise*



Across 2022–2023, Edinburgh Young Carers delivered 10 overnight residentials to over 100 young carers, working to help develop the following outcomes...

Develop social and teamwork skills

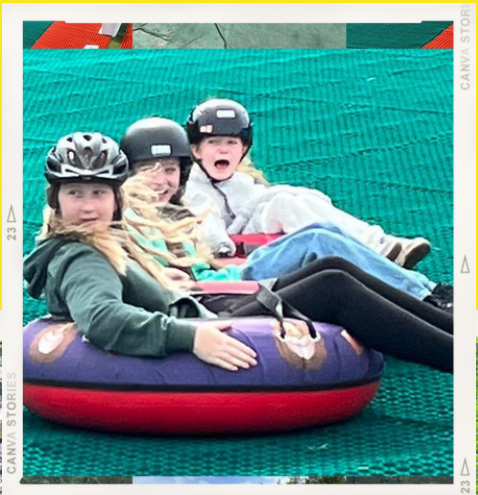
Reconnect with nature and the outdoors

Promote independence and build self-esteem

Improve physical and emotional wellbeing

Provide opportunities for challenges, growth and resilience building

Increase confidence in having a break from caring roles



CANVA STORIES

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CANVA STORIES

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Young Carers in Education Conference

The Young Carers in Education (YCIE) Conference was created following discussions with schools, young people and our partner agencies in Edinburgh (Space and Capital Carers). It was agreed that the city's School's Awareness Raising Project (delivered collaboratively with our partners) would benefit from an in-person showcase event to highlight the amazing work which is being delivered in Edinburgh.

The aim of the conference was to bring together Young Carer Coordinators from schools and higher/further education settings, with other professionals, experts, and young people themselves to share best practice, network, and discover new ideas for working with young carers in education.



"I made three connections on the day with professionals which will have a direct impact and benefit my work with the young carers in our school"



QMU offered to host, and the day included the following highlights:

- Keynote speakers including young carers, Shirley Anne Sommerville, Bruce Adamson, Sara Gowen from Sheffield Young Carers, Carers Trust Scotland, Niddrie Mill Primary School, and the Sibling Research Project from EYC
- Presentations from young carers about the changes they wanted to see in their school
- A partnership with EYC, The Children and Young People's Commissioner for Scotland and a graphic artist to illustrate the key requirements/ changes young carers wanted to see in school
- Networking to discuss policies, young carers statements, the We Care Award and other supportive organisations
- We Care Award celebration of successful schools



180 professionals attended
90 professionals attended from schools, colleges
and universities

98% of delegates rated the conference as "very good" or "excellent"

92% of delegates said that after the conference "they felt more confident about supporting young carers in their settings"

Speaking Up, Speaking Out

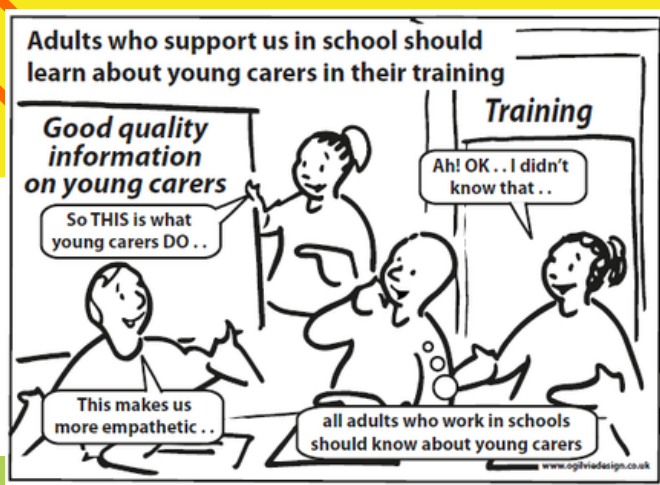
Involving Young Carers in Everything We Do

From October to January this year, a group of young carers took part in a collaborative project between EYC and the office of the Children and Young People's Commissioner for Scotland. The aim of the project was to support the young people to produce a piece of work that reflected their thoughts about a rights-based topic. A core group of 6 young people met every two weeks.

The group decided they would like to focus on their experiences as young carers in education. The time together was dedicated to exploring this through different games, activities and discussions; one week the young people built their ideal school from Lego, card and whatever other materials were available. with the emphasis on allowing them to express themselves while also having fun.

By the end of the project the young people had come up with a series of statements that encapsulated their experiences as young carers in school and what changes they thought would be beneficial. These statements were then illustrated by an artist to create a useable resource. This project was valuable as it allowed them to take a leading role in a project with

a tangible end product, and above all, it gave a voice to some young people who otherwise may have been overlooked.



2022–2023 saw the return of the Edinburgh Young Carers Forum.

Initial consultation with staff across Edinburgh Young Carers and partner agencies, and with a group of young adult carers themselves, showed there was a real desire for young carers and young adult carers to have their voices heard, to have a say on services affecting them and to meet with decision-makers and raise awareness of the experiences, needs and challenges of children, young people and young adults in caring roles across the city.

Meetings began in early 2023 with discussions around what the new forum should look like. An early success has been a project, run in partnership with Media Education, where young carers made a short film about what it's really like to be a young carer. We look forward to showcasing this film in the coming months. Whilst the new forum is at an early stage in development, we now have a starting point to build on as we grow and empower a youth-led group that represents and advocates for all carers aged 5 to 25 across the city.

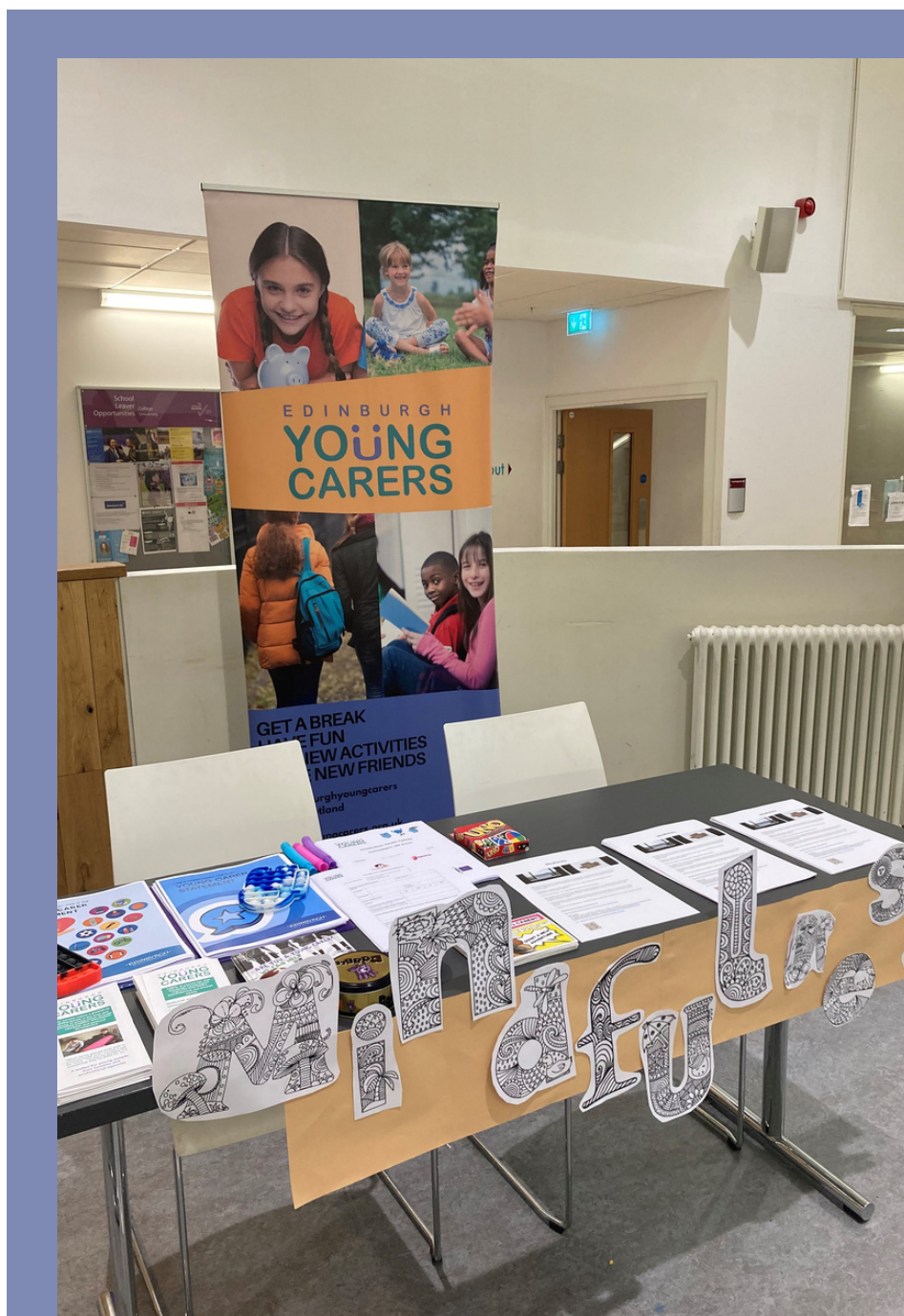
Reaching More Young Carers Across Edinburgh's Schools

The school week can be especially hard for our young carers due to the challenges at home. In an effort to provide additional support to young carers who needed it, and build more co-ordinated young carers support in schools, we have established new **Young Carer Support Groups** in two schools. The groups' aims are to provide young carers with a safe space where they could share and express themselves in fun activities during school hours, at the same time each week. The schools identified to pilot this project were chosen due to the high volume of young carers they have: James Gillespie's High School and Craighour Park Primary School have been identified.

Groups will help young carers with the difficult transition into and out of the weekend

Sessions will take place during the school day, avoiding break and lunch so as not to distract from time with friends

Following this pilot, a toolkit will be developed with good practice for schools who wish to set up young carer groups





"Ask Me – I'm Here, Too"

In June 2021, EYC published "Ask Me – I'm Here, Too": a research and evaluation project into the lived experiences of young carers providing care for a sibling with a long-term illness or disability. Within *Ask Me*, young carers and their family members referred to both the difficulties in spending time-together as a family and the subsequent isolation and feelings of being misunderstood. In an effort to support whole-family events, we have been planning and delivering coffee activity afternoons this year for our sibling young carers and their family members.

In planning these events, we wanted to ensure that all family members were welcome, that we had appropriately engaging activities for all children and young people present, as well as important information about other local organisations and services that would be relevant to sibling young carer families.

Over ten different families have accessed our coffee afternoons so far. Young carers, their cared-for siblings and parents have attended these events, have taken part in the activities on offer, and importantly, have established connections and support networks with other families and support organisations. Two families who had passed each other daily at the school gates met at our first coffee afternoon and began chatting, establishing a friendship that has continued outside the boundaries of Edinburgh Young Carers. At our second coffee afternoon, families took part in an animal handling session, helping to build memories and share experiences of time spent together – all whilst holding a ginormous snake!





LOOKING AFTER A BROTHER OR SISTER?

Sometimes things might be difficult or frustrating and that's ok - some of these tips might help.



TALK ABOUT HOW YOU'RE FEELING

However you might be feeling - it's ok to feel that way! Sometimes it might help to talk so speak to someone at home, school or contact your EYC Development Worker. You could also try writing down your feelings, drawing them or turning them into a song!

FIND SOME TIME FOR YOURSELF

If things are getting too noisy or too difficult, remember to look after yourself. When possible, find a quiet place and do something you enjoy - play some music, read a book, get some fresh air, try some yoga, phone a friend!



SPEND SOME TIME AS A FAMILY

Is there something you like to do together that everyone enjoys? A game of snap, family disco in the kitchen, a movie night? When it's stressful at home, sometimes it's great to reconnect and have fun together.

ASK SOME QUESTIONS AT HOME

You might be stressed or worried about your brother or sister because you're not sure about their condition. Ask an adult at home to talk to you about this to help you understand.



REMEMBER ALL THE GOOD SIBLING STUFF

Even Disney characters fight with their siblings and get annoyed with them! Make a list of all the good things about your brother and sister so you can read this when you're having a bad day.

"ASK ME - I'M HERE TOO!"

a research project into the lived experiences of sibling young carers

EDINBURGH
**YOUNG
CARERS**

Thank you to our **PARTNERS!**

Remarkable organisations like you have helped us achieve more for our young carers and young adult carers this year...

Edinburgh Leisure
Drum Riding School
The Green Team
Queen Margaret University
Union Brew Lab
City Arts Centre
Edinburgh University
Historic Environment Scotland

Edinburgh International Festival
Dynamic Earth
Children and Young People's
Commissioner Scotland Office
Alien Rock
Edinburgh Community Sports Hub
Edinburgh Schools Kayak Club
Urban Uprising
.... and many more



We had just under 100 young carers participate in 10 weeks of paddle-boarding. The young people grew in confidence; challenging themselves through choice was phenomenal! The laughter, the splashes, and not wanting to come out the water speaks volumes!

Union Brew Lab is a specialty coffee café and 'training lab' in Edinburgh. Following discussion with our 16+ young adult carers, we identified an interest in coffee and contacted Brew Lab to consider some joint-working.

Two sessions have been delivered so far with our 16+ respite group:

- The **'Introduction to Speciality Coffee'**, where the young people made coffee using methods such as espresso and filter, tasted single origin coffee from around the world, and compared flavour notes on each.
- The **'Latte Art Masterclass'**, where young people spent the session learning how to foam milk correctly and create simple designs.

Both groups were successful in engaging the young people and sparking a further interest in coffee. We are currently working with Brew Lab, who are awaiting qualification, to deliver a free whole day introductory barista course for any EYC 16+ young person. Completion of this course will aid them obtaining barista work anywhere in the UK and beyond.



This summer, some young people from the under 12s service had the opportunity to be part of an art project run in partnership with the City Art Centre, Edinburgh University, Historic Environment Scotland and Edinburgh International Festival. Over 7 sessions, young carers had the chance to explore different art venues in the city, whilst developing their creativity and designing their own artwork. Young people learned about street photography and created their own photo journal, they visited St Cecilia's Hall, where they learned about the history of different musical instruments and created their own musical instruments.

Another incredible visit was to Edinburgh castle, where the young people were part of a fun scavenger hunt around the iconic monument and had the chance to design their own collages. In the sixth session the young people learned artistic choreography and performance when the Edinburgh International Festival education team joined us for a special 'Jungle Book Reimagined' themed movement workshop. The project culminated with an art workshop in the City Art Centre making clay sculptures and fabulous pictures. The young people's hard work was celebrated through an exciting final exhibition at the City Art Centre, which displayed the artwork created by the young carers over the summer programme. Friends and family members were invited to participate in this wonderful event and share in their achievements.

Over the course of these sessions the young people participated in activities that promoted their curiosity and imagination, while working on self-expression and developing their fine motor skills. Most importantly, they continued to build their social skills and develop positive friendships, while learning and sharing within a creative environment. This was a hugely successful project for the 5-9s and one that is already set to be replicated in the near future.

Supporting our families through the cost of living crisis

60

grants of £250 awarded to support fuel, clothing and food costs this winter

91

families received delivery of a 3-course Christmas Dinner

100

families received vouchers from Cash for Kids to pay for food and clothes shopping

58

grants of up to £150 awarded to pay for a break or activity that improves wellbeing

We were able to respond to the cost of living crisis hitting many of our families over the past year by successfully working in partnership with other organisations. Examples include our work with Cash For Kids, who funded vouchers towards clothing and food shopping for our more disadvantage families through their **Mission Christmas** and **Cost of Living** funds. Another independent provider supported our families with Christmas dinner hampers and City Cabs became Santa's little helpers by delivering them.

These funds have been extremely beneficial to EYC, making a positive impact on the children and young people's lives and allowing us, as an organisation, to develop and improve the support we can provide to families across the City.



The best thing about Edinburgh Young Carers?

"They take kids out on day trips that most families couldn't afford"

Parent survey response

Volunteering at EYC

Over the past year, our team of 11 volunteers have supported, on average, five young carer groups per week, as well as holiday activities and family events – we really couldn't deliver our respite groups without the continued support, motivation and the fun they bring to each activity! Thank you all, from the whole team at EYC!

Lindsey Alexander is one of our dedicated team of volunteers, and we're so pleased she's chosen to share her volunteering experience here in our Impact Report. Lindsey volunteers weekly at our 10–12 year groups and ad-hoc at our coffee afternoons and other family and holiday events. She has been a volunteer at EYC since 2021.

"I retired early and having worked as a family lawyer was looking to undertake a volunteer role where my skill set could be put to good use. By chance, I was out running one evening with Jenny Lewis (EYC Schools Project Manager) and was saying how difficult, at that time, summer 2021, it was to find charities who were interested in taking on volunteers. Jenny informed me she had that afternoon posted an advert for volunteers. As the saying goes, "the rest is history".

I mostly help out with the 10–12 age group and thoroughly enjoy the conversations with the young people, whether that's catching up on what they've been doing since I last saw them or their opinion on the latest film or video game.

For my own peace of mind, and "just in case" I have undertaken a first aid course as part of my volunteering training. The sight of numerous youngsters flying round some of the activities we attend made me realise it would be a good idea how to deal with any mishap, although I hasten to add there has been no such occasion! I have also honed my ten pin bowling skills!

For anyone interested in volunteering, my advice is: apply! It is hugely rewarding and enjoyable.

The more you get to know each of the carers as individuals the more they chat to you. In turn, gaining their confidence means they will tell you if something is troubling them and it may be that you can help make a difference.

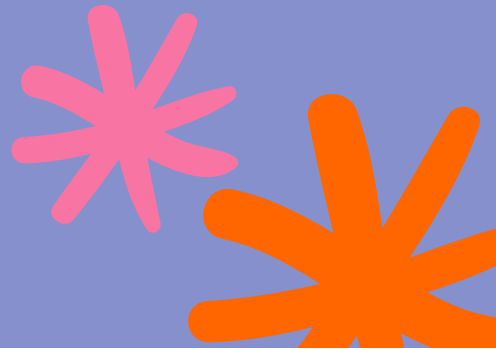
Outside of EYC, I enjoy catching up with friends and spending time with family. I'm an outdoors person so a cycle ride, involving coffee and a scone is always a welcome activity."



Interested in volunteering like Lindsey?
Get in touch with us to find out more.
Email:
info@youngcarers.org.uk



YOUNG CARER AND FAMILY SURVEY RESULTS 2022



Young carers and young adult carers were asked to complete a survey to tell us what they thought of the support they receive from Edinburgh Young Carers. Here's what they told us...



97% told us EYC had helped them make new friends



100% told us EYC had helped them become more confident



91% told us EYC helped them cope better with their caring role



96% told us EYC helped them feel better at school/college/work

Over 70% of young carers and young adult carers (where relevant) told us that EYC had helped them achieve a positive destination after school, and over 70% said EYC had supported their transition into adulthood.



Because of Edinburgh Young Carers....



94% of young carers and young adult carers had opportunities to have fun



82% of young carers and young adult carers felt listened to and heard



88% of young carers and young adult carers felt well supported

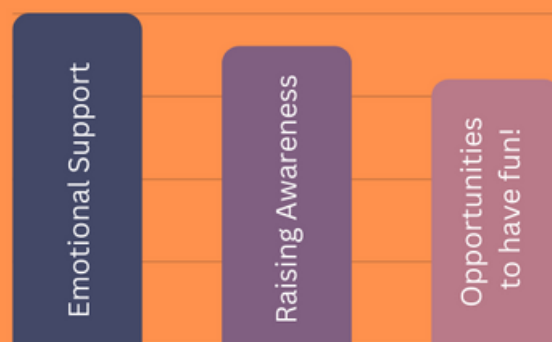
- Group Activities
- One-to-One Support
- First Meeting with a Worker
- Holiday Programmes
- Communication

... were all given the

highest ranking!



What did young carers and young adult carers think were the most important aspects of our work?



amazing *respectful*
brilliant *cool* *exciting*
 Describe Edinburgh Young Carers in your own words?
welcoming *enjoyable*
fun *relaxing* *magical*

"It's been absolutely amazing! I was really hesitant at first but I'm so glad I joined."

"I've made a lot of new friends and had a lot of new opportunities."

Parents and carers of the children and young people we support were asked to complete a survey to tell us what they thought of the support received from Edinburgh Young Carers. Here's what they told us...



95% told us EYC provided their children with access to relevant opportunities



100% told us EYC improved the wellbeing of their children

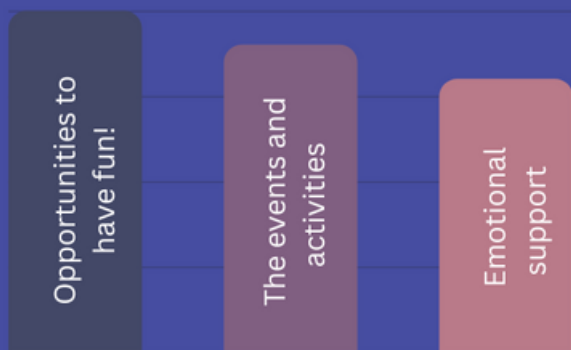


91% told us EYC helped their children build a life outside of their caring role



96% told us that communication about support was **brilliant**

What did parents and carers think were the most important aspects of our work?



Because of Edinburgh Young Carers....



95% of families access better quality and more relevant information and advice



95% of families felt well supported, and felt their child was well supported



90% of parents and carers felt listened to and heard

95%

of parents and carers who responded to the survey, rated Edinburgh Young Carers as 5 out of 5 stars



"It's an invaluable support for my daughter and the whole family."

happier

we feel listened to

more confident

less stress

Sum up the impact Edinburgh Young Carers has had on your family's life?

settled

we're not alone

i got my daughter back

A huge thank you to all of the young carers, young adult carers, parents/carers and other family members who contributed to our 2022 survey. Your time and feedback are very much appreciated, and the things you've told us will directly influence our 2023-2024 service delivery, and beyond.

Thank you to all of our supporters in 2022–2023!

The work of Edinburgh Young Carers is made possible by the generous support of a wide variety of funders and donors, just a few of whom are mentioned below. We really do appreciate the support of every single Trust, Foundation, organisation and individual who contributed to EYC in the last year. Without your support we would not have been able to deliver our vital services to so many amazing young people – thank you!

City of Edinburgh Council
National Lottery Community Fund
Walter Scott Giving Group
Creative Breaks
Robertson Trust
Carers Capacity Fund
The Opportunity Holiday Trust
Robert McAlpine Foundation

Ian Fleming Charitable Trust
The Ryovan Trust
SJP Charitable Foundation
Conundrum Charitable Trust
The Plum Trust
The February Foundation
The Agnes Hunter Trust
Gannochy Trust



Looking to the Future: 2023 – 2024

Building on our work from this year, and the highlights you've read about in this Impact Report, in 2023–2024 we move into the final year of our 3-year organisational strategy. We will continue to deliver across the five key themes within our strategy, ensuring that we meet our vision and purpose of providing high quality, child and young-person centred support to young carers and young adult carers across Edinburgh, thus making a positive difference in their lives and futures.

Service Provision

We will launch our new EYC Membership support service to meet the needs of more young carers and young adult carers across the City, who do not require group or 1-1 provision.

Fundraising

In line with our fundraising strategy, we will continue to develop multi-channel fundraising, including exploring corporate and community initiatives.

Communication

The Young Carer Forum will grow in remit this year to support EYC's role in influencing policy and practice, with and on behalf of, young carers and young adult carers across Edinburgh.

Partnerships

The We Care: Schools for Young Carers Award will reach more schools in Edinburgh to support their journey.

People

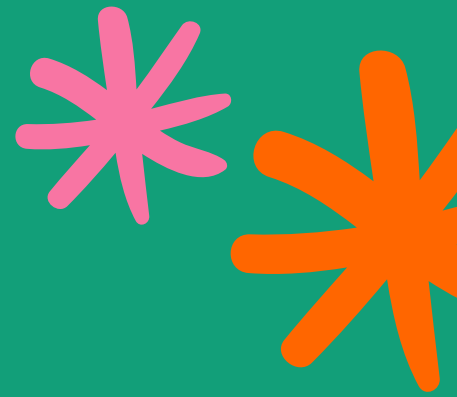
We will continue to recruit and retain the best people for our core staff, sessional workers and volunteers, in turn providing excellent support to YCs/YACs across the City.



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EYC Board of Trustees

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James Cox

Louise Dunlop

Brian Gordon

Beverley Klein

Matt Little

Eunice Reed

Craig Wilson

Shona Montgomery, Minute-Taker

Special thanks also to our team
of Sessional Youth Workers and
all of our Volunteers.

EYC Staff Team

Margaret Murphy, Chief Executive

Mel Aitken

Bella Balloch

Mo Colvin

Kelly Dunnett

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